



Holiday Pops



Ski Program



Daddy Daughter Dance



Toddler Programs



Holiday Tree Lighting



Scare Crow Competition



560 High Street
Clinton, MA 01510
978-365-4140
www.clintonrec.com



Contact Information

Office Location:
560 High Street
Clinton, MA 01510

Mailing Address:
560 High Street
Clinton, MA 01510

978-365-4140
www.clintonrec.com

Like us on Facebook!

Office Hours:
8:30am—4:00 pm
Monday—Friday

Staff:
Director—Emily Easterling
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Park Manager—Kristopher Becker
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Parks & Recreation Commission:
Chairman—Edward Verrier
Secretary—Carly Ciarletta
Yoanna Osborne
Joe Repole
Jodie Breidel

Parks and Recreations Facilities

Clinton Parks & Recreation Community Building
(560 High Street)

Central Park
(242 Church Street)

Hamilton Square
(intersection of Water & Main Street)

Duffy Memorial Park
(New Harbor Road)

Turini's Corner
(corner of High and Water Streets)

Savage Field
(29 Vale Street)

Edward J. Philbin Memorial Park
(Intersection of Wilson St. & Berlin St.)

Carlisle Park
(61 Beacon Street)



FAQ's and Other Information:

When & Where do I register?

Registration is on a first come first serve basis. Please fill out a registration form and bring it to our office on 560 High Street or register online with RecDesk. Registration begins as soon as you receive your brochure. Specific registration forms & deadlines can be found online with the information regarding to that individual program, however most program registrations end 1 week prior to the start of a program.

How do I use the online registration system?

To use our online registration system all you need to do is make an account by creating a user name and password. Once an account is made you can add family members to the account, select the programs you want to sign-up for, check the dates of the programs, and make a payment using a credit card.

Will I be sent a confirmation?

Yes. You will be sent a confirmation email via Rec Desk confirming your enrollment. You will be contacted before the program if:

- The chosen program has reached capacity
- There are changes in status of the program
- The program has been cancelled due to low enrollment

What is the Cancellation Policy?

We will notify you if a program has been filled, cancelled, or changed. Clinton Parks & Recreation reserves the right to cancel or consolidate any program that does not meet the participation minimum and is not responsible for any missed classes due to a participant's inability to attend.

What if an individual class is cancelled?

Every attempt will be made to reschedule a class that has been cancelled due to inclement weather, etc. In most cases, an additional week will be added to the end of the program to account for missed time. When a class can not be added then that circumstance would be handled as needed.

What is your Weather Policy?

The Clinton Parks and Recreation Department will use the Clinton Public School System as a guideline for determining program and department closures. If Clinton Public Schools are closed due to inclement weather, programs for that day will be canceled and the department office hours may be altered. If there is a delayed opening/early release due to weather for the school system any programs that fall within this time slot will be cancelled. Weather determinations for all programs that fall outside of the school calendar including rain cancellations will be made by the Clinton Parks and Recreation Staff. We will try to give as much notice as possible in the case of a cancellation and contact all program participants via e-mail. Special events will utilize the rain/snow date.

How do I get a refund?

- If a program is cancelled or you withdraw prior to one week before the start of a program, you will receive a full refund.
- If you withdraw within one week to the start of a program or after the program starts, a refund will not be issued.
- If removed from a program due to behavior issues or misconduct NO refund will be issued.
- Refunds will be issued via check & mailed to the address on file. Please allow up to 3 weeks time before receiving your check.

What is the Park Watch Program:

The Park Watch Program is a partnership between the Clinton Parks & Recreation Department, Police Department, and town residents to help keep our parks safe & clean. A brochure is available online.

Where can I find detailed information about all these programs?

Go to www.clintonrec.com for registration forms and detailed information about all programs.

Savage Field Project



The Clinton Parks and Recreation Department is very excited that our slated renovation will begin in early September! We want to thank you for supporting our department over the last couple of years to see this project break ground. The first part of the project will feature an new baseball themed playground including swings, and a picnic pavilion. The department will continue to work diligently in order to see this project through completion.



CPR On-Going Projects and Improvements:

The Clinton Parks and Recreation Department has been hard at work to improve the park properties that we manage. Check out these completed and upcoming projects!

⇒ Completed Projects!

- **Duffy Memorial Park:** This summer we installed a new swinging bench to this property allowing for a serene view of Coachlace Pond. Make sure to stop by and check it out!
- **Hamilton Square:** Late in August we installed a swinging bench at this property, similar to Duffy Memorial Park. Be sure to stop by and take some time to enjoy this property at its fullest!
- **Philbin Memorial Park:** Over the summer the Bigelow Free Public Library with the help of our department installed a Little Free Library. These mailbox-sized libraries are designed to share books, bring people together and create a community of readers. Feel free to take a book or return a book to share with others. In addition the department has also added a new shade structure at this property to help keep the many families stay cool during the hot sunny days.



- **Savage Field:** Aside from the major renovations taking place this fall the department has added some improvements to this property of the last couple months including new fencing on the third base line of the Men's Softball Field. In addition the Clinton Area Little League has also installed a new scoreboard on the property adding a great new and improved feature to the Little League Field!



Fall Programs (September/October)

Toddler Programs

Family Sprouts

All young children can learn and grow in music. Family Sprouts gathers kids and families together and provides opportunities for children of different ages to learn and interact together. In music making, as in development, babies, toddlers and preschoolers have unique needs. Perfect class for siblings/twins.

Dates: Mondays, September 11th- October 30th, 2017 (no class 10/9 & 10/23)

Time: 9:00am-9:45am

Cost: \$90.00 per person

Ages: 0-5 years old

Location: Clinton Parks and Recreation Department



Micro Soccer

This proven clinic will help children learn the beginning skills, technique & etiquette of soccer. Children actively engage in learning skills from passing and kicking, to heading & dribbling skills. You will be amazed and your child will feel empowered as they improve throughout this session. Parents are encouraged to participate with their child. Proper clothing & sneakers are required.

Dates: Sundays September 17th-October 29th, 2017 (no class 9/24)

Time: 9:00am-10:00am

Cost: \$86.00 per person for the 6 week session

Ages: 2-4 years old

Location: Central Park, Clinton MA



Adult Programs

Total Body Workout

Boost your metabolism and burn more calories with this 60 minute class! Learn how to strength train safely for toning, revved up metabolism and prevention of osteoporosis! The weight training segment includes the most effective moves to train your body to burn calories and release stored fat. **Please bring a mat, 5-8lb weights and a water.*

Dates: Tuesdays September 12th-December 19th (no class 10/24)

Time: 6:30pm-7:30pm **Cost:** \$168 per person for the 14 class session

Ages: 18+ years old **Location:** Clinton Parks and Recreation Department

College Funding Advisors

This one night workshop is a must for all parents of college-bound high school students, including freshmen and sophomores. Strategies will be presented that will help you protect your assets by maximizing your eligibility for aid, effectively lowering your college costs. You will learn the optimum time to set the strategies in place (Hint, best before junior year) You will also learn how to minimize the equity in your home.

Bring a calculator and a basic knowledge of your income, taxes and assets. A free comprehensive analysis will be provided for those attending the class.

Date: Wednesday October 4th, 2017 **Time:** 6:30pm-8:30pm

Cost: FREE

Location: Clinton Parks and Recreation Department

Elementary Programs

The Gift of Art

Join us this fall as we create masterful art pieces that keep on giving. Each week participants will get to create a new piece of artwork designed to be given as a gift to a friend/loved one. Each week participants will work with different mediums, have the opportunity to express themselves artistically and develop their art skills.

Dates: Wednesdays October 25th-December 6th (No class 11/22)

Time: 3:00pm-4:00pm

Cost: \$60.00 per person

Grades: K-3rd grade

Location: Clinton Elementary School

Gaga Ball

This fast paced sport can be played in an octagonal pit, outside on a field or even in the school's gym! F.A.S.T. plays Gaga with their gatorskin dodgeballs to ensure all the players are safe. This game will focus on dodging, running, jumping and avoiding the dodgeballs that the players are hitting with their hands aiming below their opponents knees!

Dates: Fridays September 15th-October 13th

Time: 3:15pm-4:15pm

Cost: \$65.00 per person

Grades: K-3

Location: Clinton Elementary School Gym

Yoga Programs

20/20/20

A combination of yoga/Pilates/barre! Tone and sculpt without the bulk. No harsh pounding on the joints and ligaments. Never the same class twice! Fun and challenging for each student's comfort level.

Dates: Saturdays Oct. 14th- Nov. 4th

Time: 9:00am-10:00am **Cost:** \$65 per person

Ages: 18+ years old

Location: Wachusett Wellness

Yoga All Levels

Students will expand their yoga practice through various breathing techniques and yoga postures for toning and enhancing their overall well-being. This class also aims to help increase balance, flexibility, and mental focus, leaving you feeling refreshed and invigorated.

Dates: Saturdays Oct. 14th- Nov. 4th

Time: 10:05am-11:00am **Cost:** \$65 per person

Ages: 18+ years old

Location: Wachusett Wellness

Kids/Mommy and Me Yoga

Join us for several different yoga programs that will include all ages of the family. Please visit www.clintonrec.com for more information on each program.

Dates: Saturdays Oct. 14th- Nov. 4th **Cost:** \$65 per person

Location: Wachusett Wellness

Classes/times:

Kids ages 9-13: 9:00am-9:55am

Kids ages 4-8 : 10:05am-11:00am

Mommy & Me, ages 18 months-3 years: 11:15am-12:00pm

Fall Events (September/October)

Lego Programs

Lego Civics Project

As our students build a fully-planned and intricately-designed model Lego city, they also learn to govern it. Students learn about elections, constitutions, flags, currency, economics, budgets and the environment as they serve on a city council which must make key governing decisions about the city. Social studies, history and civics have never been so fun!

Date: Wednesday Oct. 9th & Oct. 18th, 2017

Time: 9:00am-2:00pm **Time:** 1:00pm-6:00pm

Cost: \$59.00 per person per session **Grades:** 2nd-5th

Location: Clinton Parks and Recreation Department



Outdoor Movie

Fall Outdoor Movie

Join us in Central Park for our fall movie in the park! Enjoy an evening outdoors with your family and friends for free. Don't forget to stop by the concession stand to purchase your movie time snacks! Make sure you grab your blankets/chairs!

Date: Saturday, September 30th, 2017 (Rain date 10/7)

Time: 6:00pm-9:00pm *Movie begins @ 7:00pm*

Cost: FREE Admission **Location:** Central Park

MOVIE
IN THE
PARK



Ghost & Goblin Road Race

Clinton PTA Fundraiser

The annual Ghost & Goblin Road Race is back! This is a family event and there will be activities for children, refreshments for sale and music for everyone to enjoy! Costumes are welcome to celebrate Halloween, but certainly not required. All proceeds raised by the Clinton PTA will be put towards the Clinton School District. Day of registration as well as bib pick-up begins at 11:00am.

Time: 1 Mile Fun Run begins at 2:00pm. 5K starts at 3:00pm, family festivities to follow until 6:00pm including a corn hole tournament!

Date: Saturday, October 21st, 2017

Cost: \$25 per racer for 5K; \$8 per racer for Fun Run

Location: Central Park in Clinton, MA

Register by going to www.clintonroadrace.com



Pumpkin Carving Workshop & Contest

Pumpkin Carving Workshop

The Clinton Parks & Recreation department's annual Pumpkin Carving workshop is back! Children of all ages are welcome to enter the contest that will take place in conjunction with the annual Halloween Walk on High Street. Parents must accompany their children during the carving workshop. Carved pumpkins will be displayed on High Street the night of the Halloween Walk and winners will be selected!

Please bring your own pumpkin to the workshop!

Date: Tuesday, Oct. 24th, 2017 **Time:** 6:00-8:00 pm

Cost: \$2.00 per child **Ages:** All ages with adult supervision

Location: Clinton Parks & Recreation Building

*pre-registration is required

**A medium bag of wrapped candy can be donated in lieu of fee

Halloween Walk Details

The Halloween Walk will take place on **Thursday, October 26th** from 6:00pm-7:30pm at High Street businesses. Be sure to join us for a night of fun, candy, and prizes! The Walk is organized and sponsored by the Discover Clinton Committee.



Scarecrows @ Central Park

Scarecrow Building Contest

Scarecrows are BACK! We had so many great scarecrows last year, we can't wait to see what you come up with this year! How it works is simple. For a small fee, we will provide the clothes, and straw/leaves needed to create a unique scare crow. All crows will be displayed in Central Park with winners being selected by a panel of judges. *Plots are limited, day of registration accepted, pre-register to guarantee a space.

Date: Saturday October 21st, 2017 (rain date 10/28)

Time: 10:00am-1:00pm **Cost:** \$12.00 per scarecrow

Ages: All ages with adult **Location:** Central Park



Clinton parks & recreation
SCARECROW
BUILDING CONTEST
Central Park - Clinton, MA



reminder

It may seem early, but registration is now open for the Student Ski and Snowboard Program. For more information please turn to page 8.

September

October



September 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 Office Closed: Labor Day	5	6	7	8 ← Olde Home Day →	9
10	11 Family Sprouts*	12 Total Body Workout*	13	14	15 Gaga Ball*	16
17 Micro Soccer*	18 Family Sprouts	19 Total Body Workout	20	21	22 Gaga Ball	23
24 Free Family YOGA in the Park*	25 Family Sprouts	26 Total Body Workout	27	28	29 Gaga Ball	30 Outdoor Movie

October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Micro Soccer	2 Family Sprouts	3 Total Body Workout	4 College Funding Advisors*	5	6 Gaga Ball	7
8 Micro Soccer	9 Office Closed: Veteran's Day -Lego Civics Project*	10 Total Body Workout	11	12	13 Gaga Ball	14 *20/20/20 *Yoga All Levels *Mommy & Me Yoga
15 Micro Soccer	16 Family Sprouts	17 Total Body Workout	18 -Lego Civics Project* -NYC Shopping Registration Deadline	19	20	21 -Ghost and Goblin Race -Scarecrow Building Contest* -20/20/20 -Yoga All Levels -Mommy & Me Yoga
22 Micro Soccer	23	24 Pumpkin Carving Workshop*	25 The Gift of Art*	26 Halloween Walk	27	28 -20/20/20 -Yoga All Levels -Mommy & Me Yoga
29 Micro Soccer	30 Family Sprouts	31 -Halloween -Total Body Workout				

Winter Programs (November/December)

Toddler Programming

Family Sprouts

All young children can learn and grow in music. Family Sprouts gathers kids and families together and provides opportunities for children of different ages to learn and interact together. In music making, as in development, babies, toddlers and preschoolers have unique needs. Perfect class for siblings/twins.

Dates: Mondays, December 4th, 2017- January 29th, 2018
(no class 12/25, 1/1, & 1/15)

Time: 9:00am-9:45am **Cost:** \$90.00 per person for the 6 week session

Ages: 0-5 years old **Location:** Clinton Parks and Recreation Department

Literacize

Each week the Knucklebones instructor will read 1-2 preselected books that have been chosen for their movement content / overall theme and have children act out parts of the book using a diverse array of equipment.

Dates: Tuesdays, November 7th- December 12th, 2017

Time: 9:30am-10:30am

Cost: \$86.00 per person for the 6 week session

Ages: 8 months—4 years old

Location: Clinton Parks and Recreation Department



Youth Lego Programs

Lego Civics Project

As our students build a fully-planned and intricately-designed model Lego city, they also learn to govern it. Students learn about elections, constitutions, flags, currency, economics, budgets and the environment as they serve on a city council which must make key governing decisions about the city. Students have the opportunity to run for mayor, open their own business, debate city issues and respond to natural disasters and citizen concerns. Social studies, history and civics have never been so fun!

Date: Thursday Nov. 9th, 2017

Time: 1:00pm-6:00pm

Cost: \$59.00 per person

Grades: 2nd-5th

Location: Clinton Parks and Recreation Department

Minecraft Engineering

Bring Minecraft to life using LEGO® bricks brought to you by Play-Well! Resourcefulness, creativity, and cooperation come together in this unique building adventure game; roll the dice to mine for resources, and use these resources to build special items to help in our adventures! Build a Zoo, create a Medieval Castle, and design a Tree House Village! Students will have a blast!

Dates: Thursday Dec. 28th and Friday Dec. 29th, 2017

Time: 9:00am-12:00pm

Cost: \$65.00 per person for the 2 day session

Grades: K-3

Location: Clinton Parks and Recreation Department



Ski and Snowboard

Student Ski and Snowboard Program

Clinton students in grades 4-12th may join us each Thursday night starting January 4th, 2018 for six, consecutive, organized ski/snowboard trips to Wachusett Mountain. Buses will take participants to & from the mountain each of the six weeks. Buses leave the Clinton Middle School at 2:45pm and return at 8:00pm.

Each student joining us for the 6 week program **MUST** complete the online waiver for Wachusett Mountain and fill out the bus waiver from Clinton Parks and Recreation. An online code for the 2018 season will be forthcoming.

A credit card has to be used for all Wachusett payments.

Ski and Snowboard prices vary based on the package selected, Ski and Snowboard fee will be paid directly to Wachusett Mountain.



Bus Fees

\$110 per person for 6 weeks

\$100 per each additional child

**** 25 participants are needed for us to run the student ski and snow program**



Registration Deadline: December 1, 2017

GPS Ski and Snowboard Club (non-student program discount options)

Those residents not participating in our 6-week student program still have the opportunity to save on Season Passes to Wachusett this winter! Simply purchase your season pass online at www.wachusett.com under the Group Sales section and indicate "Clinton Parks & Rec GPS" as your club name.

Ages 6+ yrs. may take advantage of these savings. Don't wait, buy your passes sooner rather than later!

For more information please visit www.clintonrec.com

BLAST Babysitting Training & CPR/First Aid

Join us for our popular Babysitter Training course that covers how to handle the basics of infant and childcare, how to react responsibly to medical emergencies and injuries, perform first aid for common childhood injuries and illnesses, and set up and run your own babysitting business. At the end of this course you will be certified in Pediatric First Aid and CPR.

***Minimum of 8 participants for is needed to run this program.**

Date: November 6th, 2017

Time: 3:00pm-7:00pm

Cost: \$90.00 per person

Ages: 11-18 years old

Location: Clinton Parks and Recreation Department



Winter Programs/Events (November/December)

Bus Trips

New York City Shopping Trip

You're on your own to enjoy the 'Big Apple' and see the sights. For your convenience, a map of NYC illustrating points of interest will be provided for all. On arrival in New York, stops will be made at both Rockefeller Center and Macy's. You'll depart at 6:30 pm from New York City, **Bus will depart at 6:30am from Shaw's Parking Lot in Clinton. Bus will return at 10:30 pm to Shaw's Parking Lot in Clinton.**

Day: Saturday November 18th, 2017

Cost: \$74.00

Registration due by October 18th, 2017



Shop Local and Holiday Party

Shop Local Day

Join The Discover Clinton Committee and local businesses for a fun-packed day. "Shop Local Day" is an event designed to promote all the thriving businesses right here in Clinton on Saturday Nov. 25th.



Selectman's Holiday Kids Party

After you spend the day shopping, parents and kids can unwind at the Selectman's Holiday Kids Party @ Clinton Town Hall. This event will have give-a-ways, games, crafts and fun entertainment for the whole family, so save the date!

Date: Saturday, November 25th, 2017 **Time:** TBA @ Clinton Town Hall

Cost: FREE! **Ages:** All ages with parents present

Holiday Baking Competition

Holiday Baking Competition

Enter our all new Holiday Competition! Show off your traditions and baking skills in our Holiday Baking Competition! A prize will be awarded to our top 3 winners!

For complete list of rules and requirements please visit our website:
www.clintonrec.com

Submission Deadline: December 13th, 2017 by 12:00pm

Cost: FREE! **Judging:** Takes place December 13th and 14th, 2017

Holiday Tree Lighting Event

The Clinton Parks & Recreation Department, along with the Holiday Tree Lighting Committee invite you to our annual Holiday Tree Lighting Ceremony in Central Park. Come enjoy some free, family fun that will include hot chocolate, cookies, and music!

Date: Saturday, November 25th, 2017 **Time:** After Selectman's Holiday Party

Ages: All ages with parent present **Cost:** FREE!

Christmas Tree Sales

Christmas Tree Sales

The Clinton Lions Club Christmas Tree Sales at our office, 560 High St, are estimated to begin the last week in November. Please check our website, www.clintonrec.com for more information. All proceeds support the Lions Club.

Yoga Programs

20/20/20

A combination of yoga/Pilates/barre! Tone/sculpt without the bulk & no harsh pounding on the joints/ligaments. Fun & challenging for each student's comfort level.

Dates: Saturdays Nov. 11th- Dec. 9th (No Class Nov. 25th) **Time:** 9:00am-10:00am

Cost: \$65 per person **Ages:** 18+ years old **Location:** Wachusett Wellness

Yoga All Levels

Students will expand their yoga practice through breathing techniques, yoga postures & enhancing their overall well-being. This class aims to help increase balance, flexibility, & mental focus, leaving you feeling refreshed & invigorated.

Dates: Saturdays Nov. 11th- Dec. 9th (No Class Nov. 25th) **Time:** 10:05am-11:00am

Cost: \$65 per person **Ages:** 18+ years old **Location:** Wachusett Wellness

Kids/Mommy and Me Yoga

Join us for several different yoga programs that will include all ages of the family. Please visit www.clintonrec.com for more information on each program.

Dates: Saturdays Nov. 11th- Dec. 9th (No Class Nov. 25th)

Cost: \$65 per person **Location:** Wachusett Wellness

Classes/times: Kids ages 9-13: 9:00am-9:55am

Kids ages 4-8 : 10:05am-11:00am

Mommy & Me, ages 18 months-3 years: 11:15am-12:00pm



Gingerbread House Decoration Workshop

Clinton Parks and Recreation's annual Gingerbread House Workshop returns this season with even more decorations! We will provide all the supplies, just bring family and friends to build your holiday creation. Hope to see you there!

Date: Wednesday, December 20th, 2017

Time: 6:00—7:30 pm

Cost: \$5.00 per person

Ages: All ages welcome with adult

Location: Clinton Parks and Recreation



Holiday Pops Concert

The Clinton Parks & Recreation Department in conjunction with the Holiday Pops Committee is excited to present the 22nd annual Holiday Pops Concert. This year's theme is "Jingle Bell Rock" and will once again feature The New Hampshire Philharmonic with special guests Fireside Quartet and Harp Soloist Emily Richardson.

Time: Doors open at 6:00pm, show starts at 7:00 pm

Dates: Saturday December 9th, 2017

Cost: Balcony seats \$15.00, 12 and under \$12.00

Table seats \$20 per person, Full table \$110 (6 seats)

Ages: All ages with parents present

Location: Clinton Town Hall Auditorium

Tickets will be sold at the Clinton Parks & Recreation Office November 1st—December 8th. Tickets will also be available at the door for remaining seats.

Purchase your tickets early in order to secure your desired seat!





November



December



November 2017

December 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 -The Gift of Art -Holiday Pop Tickets Go on Sale!	2	3	4 -20/20/20 -Yoga All Levels -Mommy & Me Yoga
5	6 -BLAST & CPR/First Aid*	7 -Literacize* -Total Body Workout	8 The Gift of Art	9 Lego Civics Project*	10	11 -20/20/20* -Yoga All Levels* -Mommy & Me Yoga*
12	13	14 -Literacize -Total Body Workout	15 The Gift of Art	16	17	18 -20/20/20 -Yoga All Levels -Mommy & Me Yoga -NYC Shopping Trip*
19	20	21 -Literacize -Total Body Workout	22	23 Thanksgiving 	24	25 -Shop Local Day -Holiday Tree Lighting
26	27	28 -Literacize -Total Body Workout	29 The Gift of Art	30		

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Ski/Snowboard Registration Deadline	2 -20/20/20 -Yoga All Levels -Mommy & Me Yoga
3	4 Family Sprouts*	5 -Literacize -Total Body Workout	6 The Gift of Art	7	8	9 -20/20/20 -Yoga All Levels -Mommy & Me Yoga -Holiday Pops Concert*
10	11 Family Sprouts	12 -Literacize -Total Body Workout	13 Holiday Baking Submission Deadline*	14	15	16
17	18 Family Sprouts	19 Total Body Workout	20 Gingerbread House Decorating Workshop*	21	22	23
24 Christmas Eve 31 New Years Eve 	25 Christmas Day 	26	27	28	29	30

← Minecraft LEGO →
Holiday Vacation

Winter Programs (January/February)

Toddler Programs

Beginning Gymnastics

Knucklebones' Gymnastics offers a unique twist for your beginning gymnast. Using age appropriate equipment and fun techniques, your child will gain creative and rhythmic movement, flexibility, fundamental gymnastics and gross motor skills. Exploring various apparatus including beam, high bar, rings, mats, mat shapes (cylinder, wedges, humps, etc), spring board, and trampolines along with unique products such as Gonge balance sets, polypots, and action, your child will progress with introductory skills while having fun! Knucklebones prides itself on engaging children through cooperative play in a carefully designed circuit of gymnastic activities.

Dates: Saturdays January 6th-February 10th, 2018

Time: 9:00am-10:00am

Cost: \$86.00 per child

Ages: 2-4 years old

Location: Clinton Parks and Recreation Department

Fitness Classes

Baby Barre

Perfect workout for new moms! Wear your baby while you reconnect with your new-mom body! This class promotes bonding with your child while strengthening your core, arms and legs!

Dates: Fridays January 12th-February 2nd, 2018

Time: 9:00am to 9:45am

Cost: \$65.00 per person for the 4 class session

Ages: Mom and Baby 3 months and older *Must be a front carrier

Location: Wachusett Wellness

Youth Lego Programs

Intro to STEM with LEGO

Let your imagination run wild with tens of thousands of LEGO® parts! Build engineer-designed projects such as: Motorcycles, Castles, Airplanes, and Monorails. Design and build as never before, and explore your craziest ideas in a supportive environment!

Dates: Wednesdays Feb. 7th- March 21st, 2018

(No class 2/21)

Time: 3:00pm-4:30pm

Cost: \$125 per person for 6 week session

Grades: K-3rd

Location: Clinton Elementary School



Clinton Youth Softball League

The Clinton Youth Softball League strives to provide a positive, competitive youth softball experience for each player, parent and coach. We are dedicated to the advancement and long term player development of each participant by building character, using softball as a tool to improve self-confidence and self-esteem, and making players better, more productive community athletes. Our league is part of the Wachusett Softball Association continues to bring players to new teams of all levels. This year marks our 5th season offering players the opportunity to play and learn more about the sport. Whether you are an experienced player or new to the sport, our league welcomes all levels of talent.

Clinton Youth Softball early bird registration will open January 2nd, 2018 and close March 2nd, 2018

More information about the league and how to register can be found on our website: www.clintonrec.com



SOFTBALL

February Vacation Activities

Jedi Engineering

The Force Awakens in this introductory engineering course for a young Jedi! Explore engineering principles by designing and building projects using LEGO® materials such as X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire!

Dates: February 19th-23rd, 2018

Time: 9:00am-12:00pm

Cost: \$150.00 per person

Grades: K-3rd

Location: Clinton Parks and Recreation Building

Ski Ward Snowtubing

Join us for an afternoon at Ski Ward! Snowtubing is the perfect activity for all levels and with up to 8 lanes, 2 lifts and over 200 tubes, you're guaranteed to have a great time! We provide everything for you, too including the transportation, snowtubes for our 2 hour trip and the fun! **All participants must be at least 6 years old and 42" in height.**

Dates: February 21st, 2018

Time: 1:00pm-3:00pm

Cost: \$45.00 per person

Ages: 6+

Departure Location: Shaw's Parking Lot @ 12:30pm

TubeSlide

At Ski Ward Ski Area



Winter Events (January/February)

Mohegan Sun Bus Trip

Join us for our first trip to Mohegan Sun! Spend the day at this beautiful facility enjoying shopping, restaurants, and more! Price includes coach transportation to and from Mohegan Sun, a play Voucher, and buffet.

Date: Saturday January, 13th, 2018

Est. Departure Time: 10:00am from Clinton Shaw's Parking Lot

Est. Return Time: 6:00pm to Clinton Shaw's Parking Lot

Cost: \$35.00 per person

Space is limited and we do need a minimum of 30 registrations to run this program.



Middle School Programs

Dodgeball Tournament

Calling All MIDDLE SCHOOLERS, do you have what it takes to be the last team standing! Join us for our first ever dodgeball tournament this winter. You may register as an individual or as a team for this one night double elimination tournament. A minimum of 6 teams is needed to run this tournament. Bonus prizes will be awarded to the team(s) with the most team spirit!

Dates: Friday, January 26th, 2018

Time: 6:00pm-8:30pm

Cost: FREE!

Grades: 4th-8th

Location: Clinton Middle School

Team/Individual registration deadline: January 19th, 2018



Ice Rink and Block Party on ICE

Residents can expect another fabulous season of ice skating at Savage Field!

The rink will be opening Mid-January for the 2018 season.

Open hours: Dawn to dusk daily

Ice hockey is permitted at certain times:

Monday-Friday 2:00pm-3:30pm;

Saturday/Sunday 8:00am-10:00am and 3:00pm-4:00pm.

Block Party...ON ICE

Join us for the BEST party of the winter as we turn our ice rink into the place to be. With skating under the lights, music, a fire pit, and concessions this will be one night you won't want to miss!

Dates: February 2nd, 2018

Cost: Free to attend, concession will be available

Time: 6:00pm-8:00pm

* Bring your own skates to the ice rink!



How to Sign Up for a Program:

- Call or e-mail the Parks & Recreation office for more information, and program availability
- Complete registration form and drop it off or mail it in with the payment. Make checks payable to "Town of Clinton"
- Or register online with a credit card via our online system at www.clintonrec.com

Daddy Daughter Dance

2018 Dance Details

The Clinton Parks & Recreation presents the 41st annual Daddy Daughter Dance on Saturday, February 10th from 4:00 - 6:00pm at the Clinton Middle School. Clinton dads (or guardian's) and daughters ages 2 years and up are invited to get dressed up together and join in on this night of fun! The night will feature music, games, snacks & drinks, professional pictures, and much more!

Date: Saturday, February 10th, 2018

Time: 4:00pm-6:00pm

(Blizzard Date: February 11th)

Ages: 2 years and up

Cost: \$10 per ticket (\$20 per couple)

Location: Clinton Middle School

\$5.00 each additional child

Tickets will go on-sale starting Monday, January 8th, 2018 and can be purchased at the Clinton Parks and Recreation Office. Tickets must be purchased in advance.

Mother Son Movie

2018 Movie Night Details

The Clinton Parks and Recreation Department invites mothers and their sons to spend an afternoon together at the movies while watching *Big Hero 6*, rated PG. An action-packed comedy-adventure about the special bond that develops between Baymax, an adorable, plus-sized inflatable robot, and prodigy Hiro Hamada. All movie goers will receive a main entree and a drink.

Date: Saturday, February 10th, 2018

Time: 4:00pm, Doors open at 3:00pm

(Blizzard Date: February 11th)

Ages: All ages with mothers present

Cost: \$10 per ticket (\$20 per couple)

Location: The Strand Theatre,

\$5.00 each additional child

www.strandmovies.com

Tickets will go on-sale starting Monday, January 8th, 2018 and can be purchased at the Clinton Parks and Recreation Office. Advance reservation highly suggested by not required.







January 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 New Year's Day 	Clinton Youth Softball Registration Opens		Ski/Snowboard Program*		6 Beginning Gymnastics*
7	8 -DDD & MS Movie Tickets On Sale -Family Sprouts	9	10	11 Ski/Snowboard Program	12 Baby Barre*	13 -Mohegan Trip* -Beginning Gymnastics
14	15 Office Closed: Martin Luther King Jr. Day	16	17	18 Ski/Snowboard Program	19 Baby Barre	20 Beginning Gymnastics
21	22 Family Sprouts	23	24	25 Ski/Snowboard Program	26 -Dodgeball Tournament* -Baby Barre	27 Beginning Gymnastics
28	29 Family Sprouts	30	31			

February 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Ski/Snowboard Program	2 -Block Party On Ice -Baby Barre	3 Beginning Gymnastics
4 Super-bowl Sunday 	5	6	7 LEGO*	8 Ski/Snowboard Program	9	10 -Daddy Daughter Dance* -Mother/Son Movie* -Gymnastics
11	12	13	14 LEGO Valentine's Day 	15	16	17
18	19	20	21 Ski Ward*	22	23	24
			<div style="border: 1px dashed black; padding: 5px; text-align: center;"> Jedi Engineering* February Vacation </div>			
25	26	27	28 LEGO			

Save the Date!

- LEGO Program continues on March 7th, 14th, 21st
- Summer Playground/Teen Adventure Registration opens March 5th, 2018
- What's Happening in Clinton?! March 15th, 2018
- Glowing & Twilight EGGstravagnza March 31, 2018

* indicates the start a program requiring pre-registration or a purchased ticket



"The Clinton Parks & Recreation Department is dedicated to creating a better community in which to live and play through quality recreational programming as well as developing and maintaining our town's open space."



Find us online!
www.clintonrec.com

Notes from Parks & Recreation Staff

According to the National Parks and Recreation Association (NRPA), departments like ours have three values that make them essential to communities:

1. **Economic value**- having local parks and open spaces improves the local tax base and increases property values
2. **Health and Environmental Benefits**- both parks and recreation programs are a tangible reflection of the quality of life in a community. These entities encourage active life styles and promote overall family well being.
3. **Social Importance**- both parks and recreation programs provide a gathering place for social interaction. Recreation programs foster friendships and build character while parks provide open space for individuals of all ages and economic status thus bringing the community together.

Keeping these community benefits in mind our department works hard to continuously maintain and improve the park properties while offering quality recreational programming. It is the goal of the department to increase the quality of life for all Clinton residents. Your continued support in this journey is greatly appreciated.

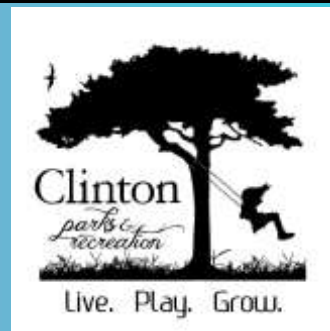
We look forward to welcoming you to our park properties and hope you will participate in all the great programs we have to offer this season.

Parks and Recreation Staff: Emily Easterling (Director)
Kaylee Grosso (Recreation Manager)
Kristopher Becker (Park Manager)



Youth Sport Leagues

- **Billy Winn Basketball Assoc.**
www.sportsmanager.us/BWBA
- **Clinton Youth Football**
www.clintonyouthfootball.org
- **Clinton Area Little League**
www.clintonarealittleleague.org
- **Clinton Youth Soccer**
<http://www.sportsmanager.us/clintonyouthsoccer>
- **Clinton Youth Softball**
www.leaguelineup.com/clintonyouthsoftball



Live. Play. Grow