

560 High Street, Clinton, MA 01510

978-365-4140

[www.clintonrec.com](http://www.clintonrec.com)



## Contact Information

**Office Location:**  
560 High Street  
Clinton, MA 01510

**Mailing Address:**  
560 High Street  
Clinton, MA 01510

**978-365-4140**  
**www.clintonrec.com**

*Like us on Facebook!*

**Office Hours:**  
8:30 am—4:00 pm  
Monday—Friday

**Staff:**  
Director—  
Emily Easterling  
eeasterling@clintonma.gov

Recreation Manager— Kaylee Grosso  
kgrosso@clintonma.gov

Park Manager—Kristopher Becker  
kbecker@clintonma.gov

### **Parks & Recreation Commission:**

Chairman—Edward Verrier

Secretary—Carly Ciarletta

Yoanna Osborne

Jamie Johnston

Joe Repole

## Parks and Recreation Facilities

### **Clinton Parks & Recreation Community Building**

(560 High Street)

### **Central Park**

(242 Church Street)

### **Hamilton Square**

(intersection of Water & Main Street)

### **Joseph M. Duffy Memorial Park**

(New Harbor Road)

### **Turini's Corner**

(corner of High and Water Streets)

### **Savage Field**

(29 Vale Street)

### **Edward J. Philbin Memorial Park**

(Intersection of Wilson St. & Berlin St.)

### **Carlisle Park**

(61 Beacon Street)

# # FINDYOURPARK

## FAQs and Other Information:

### **When & Where do I register?**

Registration is on a first come first serve basis and can be done by filling out the registration form and bringing it into the office on 560 High Street or registering online with RecDesk. Registration begins as soon as you receive your brochure. Specific registration forms & deadlines can be found online with the information regarding to that individual program, however most program registrations end 1 week prior to the start of a program.

### **How do I use the online registration system?**

To use our online registration system all you need to do is make an account by creating a user name and password. Once an account is made you can add family members to the account, select the programs you want to sign-up for, check the dates of the programs, and make a payment using a credit card.

### **Will I be sent a confirmation?**

Yes. You will be sent a confirmation email via Rec Desk confirming your enrollment. You will be contacted before the program if:

- The chosen program has reached capacity
- There are changes in status of the program
- The program has been cancelled with low enrollment.

### **What is the Cancellation Policy?**

We will notify you if a program has been filled, cancelled, or changed. Clinton Parks & Recreation reserves the right to cancel or consolidate any program that does not meet minimum participation limits and is not responsible for any missed classes due to a participant's inability to attend.

### **What if an individual class is cancelled?**

Every attempt will be made to reschedule a class that has been cancelled due to inclement weather, etc. In most cases, an additional week will be added to the end of the program to account for missed time. When a class can not be added then that circumstance would be handled as needed. We are not responsible for classes missed due to the participant's inability to attend.

### **What is your Weather Policy?**

The Clinton Parks and Recreation Department will use the Clinton Public School System as a guideline for determining program and department closures. If the Clinton Public Schools are closed due to inclement weather, programs for that day will be canceled and the department office hours may be altered. If there is a delayed opening/early release due to weather for the school system any programs that fall within this time slot will be canceled.

Weather determinations for all programs that fall outside of the school calendar including rain cancellations will be made by the Clinton Parks and Recreation Staff. We will try to give as much notice as possible in the case of a cancellation and contact all program participants via e-mail. Special events will utilize the rain/snow date.

### **How do I get a refund?**

- If a program is cancelled or you withdraw prior to one week before the start of a program, you will receive a full refund.
- If you withdraw within one week to the start of a program or after the program starts, a refund will not be issued.
- If removed from a program due to behavior issues or misconduct NO refund will be issued.
- Refunds will be mailed and can take up to 3 weeks.

### **What is the Park Watch Program:**

The Park Watch Program is a partnership between the Clinton Parks & Recreation Department, Police Department, and town residents to help keep our parks safe & clean. A brochure is available online.

### **Where can I find detailed information about all these programs?**

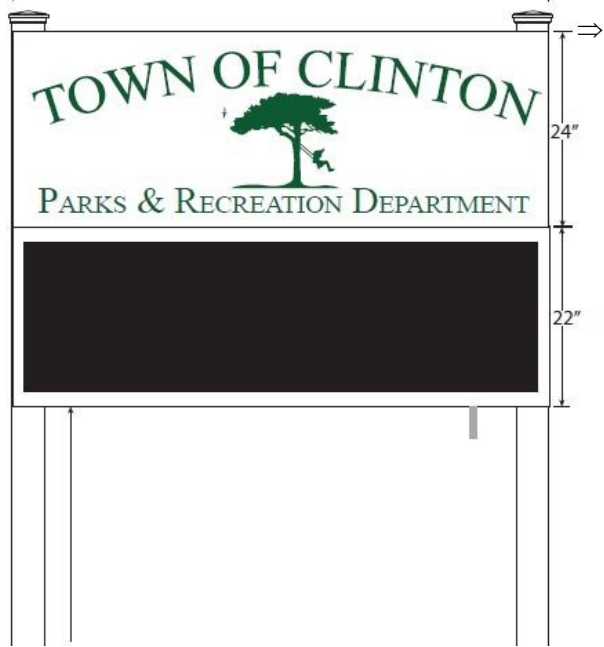
Go to [www.clintonrec.com](http://www.clintonrec.com) for registration forms and detailed information about all programs.

Frequently Asked Questions



# CPR On-Going Projects and Improvements:

The Clinton Parks and Recreation Department is excited for spring to arrive so we can get started on our pending projects!



⇒ **Electronic Sign:** We will be installing an electric sign outside of the Clinton Parks and Recreation Building on High Street . This sign will have the ability to feature program updates, town information and other important news! We hope this will increase communication from the department to town residence.

⇒ **Savage Field Little League Improvements:** This spring the Department plans to enhance the Little League Field at Savage Field through new poly-cap bumpers (yellow bumpers around the fence), new foul poles and new bleachers on the 1st base line. We hope these changes help to make the game more safe and enjoyable!



⇒ **Hamilton Square** We love the memorial at Hamilton Square and want to highlight this monument further by adding lighting. This spring we will install outdoor lighting to illuminate the memorial. This lighting will be on a daylight timer.

⇒ **Savage Field:** Construction on Savage Field is scheduled to start August 1st, 2017.

**Phase 1 will include: a parking lot featuring 99 spaces, a walking trail, a playground and pavilion.**

Please continue to support our department as we plan for the next phase of the project.



# Spring Programs (March/April)

## Infant/Toddler Programs

### Micro Athletics

Knucklebones has designed a program to enhance gross motor skills, athletic fundamentals, physical exercise, creative movement, and fun! Each class your child will play a myriad of different, skill enhancing athletic activities and games. From learning to kick using RhinoSkin balls to practicing throwing playing Messy Backyard and much more; we make sure your child is active and having fun while developing a passion for play that will stay with them! Sneakers are required.

**Dates:** Saturdays March 18th-April 22nd, 2017 **Time:** 9:00am-10:00am  
**Cost:** \$86.00 per person for the 6 week session **Ages:** 2-4 years old  
**Location:** Clinton Parks and Recreation Department

### Sprouting Melodies 1&2

This class is designed to incorporate both the earliest stages of development and the beginning stages of babies exploration. We will be increasing your little ones awareness of themselves and others plus foster the building of trust and exploration through active music making and listening.

**Dates:** Mondays, March 20th- May 1st, 2017 (no class 4/17)  
**Time:** 9:00am-9:45am **Cost:** \$90.00 per person for the 6 week session  
**Ages:** 0-18 months **Location:** Clinton Parks and Recreation Department

### Baby and Me Yoga

Parent and Child yoga classes combines unique baby-friendly yoga poses with songs, stories and games to create an enriching parent-child activity. Each class incorporates about 20 traditional yoga poses and is personalized around a child's curiosities as he/she learns yoga through social interaction, repetition and play. This class is designed for children up to 18 months. No yoga experience is required.

**Dates:** Tuesdays, April 25th- May 16th, 2017  
**Time:** 11:30am-12:30pm **Cost:** \$65.00 per adult for the 4 week session  
**Ages:** 0-18 months **Location:** Wachusett Wellness

## Adult Programs

### Total Body Workout

Boost your metabolism and burn more calories with this 60 minute class! Learn how to strength train safely for toning, revved up metabolism and prevention of osteoporosis! The true solution to reducing belly fat begins with this 60 minute class! The weight training segment includes the most effective moves to train your body to burn calories and release stored fat. As you increase your metabolism, your body will burn more calories 24 hours a day!

**Dates:** Tuesdays, March 7th—June 6th (no class 4/18) **Time:** 6:30pm-7:30pm  
**Cost:** \$156 per person for the 13 class session **Ages:** 18+ years old  
**Location:** Clinton Parks and Recreation Department



### Free Chair/Low Mobility Yoga

This class will provide gentle postures, breathing exercises, and stress reducing techniques, assisting with managing pain and immobility caused by arthritis. Yoga is an ideal choice of exercise, for those who would want to improve mobility. It is non-competitive and emphasizes working with your body as it presents itself on any given day and without judgment.

**Date:** Thursday April 13th, 2017 **Time:** 5:00pm-6:00pm  
**Cost:** FREE **Ages:** 18+ years old  
**Location:** Clinton Parks and Recreation Department

## Elementary Programs

### STEM goes STEAM

Through hands-on activities and STEAM challenges, children will develop creativity, problem solving, critical thinking, communications, self-direction, initiative, and collaboration. The children will explore the use of different learning tools that enable and emphasize STEM learning. Every class, we will learn/create something new and experience a different kind of fun. Learning is best when kids are having fun!

**Dates:** Wednesdays March 29th-May 10th (no class April 19th)  
**Time:** 3:00pm-4:00pm **Cost:** \$100.00 per person for the 6 week session  
**Grades:** K-3rd **Location:** Clinton Elementary School

### Let's Get Cooking

Join us this spring as we learn to make our own healthy snacks. Each week participants will work with different ingredients to create their own delicious and nutritious snacks. These easy to make snacks will contain few ingredients so they can be shared with loved ones at home. At the end of this program participants will have created the start of their own recipe book with 6-8 recipes and learned basic kitchen safety/proper food handling.

**Dates:** Mondays April 3rd—May 22nd (no class April 17th & May 8th)  
**Time:** 3:00pm-4:00pm **Cost:** \$60.00 per person for the 6 week session  
**Grades:** K-3rd grade **Location:** Clinton Elementary School

### Presidential Fitness, Track & Field

Knucklebones Presidential Fitness, Track and Field Program measures aerobic capacity, body composition, muscular strength, endurance and flexibility. With the objective of showing children their body's abilities and providing motivation to adopt a healthy lifestyle, our program will evaluate their progress through such activities as sprints, relays, long jump, pull-ups and an inspiring athletic decathlon. Each class will include stretching, game play, track & field, evaluating participants' ability in various areas of fitness, and conclude with a discussion on healthy habits. Upon completion of the six-week program each participant will receive a certificate and emblem from The Presidential Youth Fitness Program. Proper athletic attire and sneakers are required

**Dates:** Thursdays April 27th—June 1st **Time:** 4:00pm-5:00pm  
**Cost:** \$86.00 per person for the 6 week session **Ages:** 6-10  
**Location:** Clinton High School Track

## Middle School Programs

### Writing Wizards

In *Writing Wizards*, we foster a love of writing by guiding students to write and publish their own real book! Using novels like *Harry Potter* and *The Chronicles of Narnia* as inspiration, each class designs a fantasy world that includes major and minor characters, fantastic settings, an extended backstory and a world of wonder. The authors use artwork and brainstorming to design plot twists and dynamic characters. Teachers guide the students, providing contextual mini-lessons on writing techniques that include the use of appropriate dialogue, detailed descriptions, sensory-rich word choice, and character, plot and theme development. At the end of the course, students publish their first real novel—signed by our Writing Wizards!



**Dates:** Tuesdays April 4<sup>th</sup> - June 6<sup>th</sup> (no class 4/18) **Times:** 2:45pm-4:15pm  
**Cost:** \$135.00 per person for the nine week session **Grades:** 5th-6th  
**Location:** Clinton Middle School

# Spring Events (March/April)

**NEW!**

## What's Happening in Clinton?!

Join us along with the Bigelow Free Public Library, Clinton Senior Center, & Clinton Middle School for a open house featuring program demos, department information, and registration information. Register for your favorite programs and have a chance to learn about them, all while having FUN!

**Date:** March 16th, 2017

**Time:** 6:00pm-8:00pm

**Cost:** FREE

**Location:** Clinton Middle School

**NEW!**

## College Funding Advisors

### College Funding Advisors

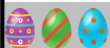
This one night workshop is a must for all parents of college-bound high school students, including freshmen and sophomores. We will demystify the college financial aid process and teach you how to access the more than \$100 billion in financial aid dollars, monies that are even available to "high income" families and business owners. Strategies will be presented that will help you protect your assets by maximizing your eligibility for aid, effectively lowering your college costs. You will learn the optimum time to set the strategies in place (Hint, best before junior year) and why if you wait until the financial aid deadline to file your forms, you may miss out on the full amount of aid you qualify for. You will also learn how to minimize the equity in your home.

Bring a calculator and a basic knowledge of your income, taxes and assets. A free comprehensive analysis will be provided for those attending the class.

**Dates:** Wednesday March 29th, 2017 **Time:** 6:30pm-8:30pm

**Cost:** FREE

**Location:** Clinton Parks and Recreation Department



## Glowing EGGstravaganza

### Glowing EGGstravaganza

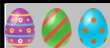
Clinton Parks & Recreation Department is excited to announce the 5<sup>th</sup> annual Glowing EGGstravaganza. This egg hunt is unlike ANYTHING you have ever seen as you need to find the eggs in the DARK using a flashlight! Participants will each need to bring their own flashlight and will need to find certain eggs in order to receive a BAG OF GOODIES! Join us during registration for music, activities, and great family fun. There will be a limit of 300 kids for the event.

**\*Pre-Registration Required\***

**Date:** Saturday April 15th, 2017 **Time:** Hunt begins @ 8:00 pm

**Cost:** \$2.00 per child **Ages:** 6-12 **Location:** Savage Field

**\*Parents should be prepared to accompany their children during the hunt\***



**NEW!**

## Twilight EGGstravaganza

### Twilight EGGstravaganza

Please join us for our first ever Twilight Hunt! This egg hunt is meant just for the little ones in your family before it gets too dark! Participants will each will need to find certain eggs in order to receive a BAG OF GOODIES! Twilight Hunt Limit of 125 people.

**\*Pre-Registration Required\***

**Date:** Saturday April 15th, 2017

**Time:** Hunt begins @ 5:30 pm

**Cost:** \$2.00 per child

**Ages:** 2-5 years old assisted with an adult

**Location:** Savage Field

## April Vacation Programs

**NEW!**

### Future House

What will life on Earth be like a century from now? In our Future House class, students imagine and design their home in the year 2117. First, they study what daily life was like one hundred years ago and then they consider how life might change one hundred years in the future. They study the writings of futurists, learn about new "smart homes" and consider what phones, stoves, sofas, televisions and cars might look like in one hundred years. Students use math, writing and presentation skills as they draw up an extensive blueprint of their future house, write a "Day in the Life" story about 2117 and work with geometric calculations as they design their blueprint. Time travel may not really be possible but our Future House students will find themselves in a different time and place!

**Dates:** April 17th-21st, 2017

**Times:** 9:00am-12:00pm

**Cost:** \$135.00 per person for the one week session

**Grades:** 5th-6th

**Location:** Clinton Parks and Recreation Department

### Improvisation Workshop

Did you know that improvisation isn't just for entertainment? Students who study improvisation train their minds to think more quickly and creatively in a variety of situations. They work better as a team and greatly improve their problem solving skills. Join us for a afternoon of stretching our brains and limits during this improvisation workshop.

**Dates:** Tuesday April 18th, 2017

**Time:** 1:00pm-2:30pm

**Cost:** \$18.00 per person for the one day session

**Grades:** 4th-6th

**Location:** Clinton Parks and Recreation Department

### Dread Pirate Roberts Mask and Sword Craft

He can fence, he can climb, he can drink poison and not die! Is there anything the Dread Pirate Roberts cannot do? Join us and the Bigelow Free Public Library and decorate your own Dread Pirate Roberts mask "As you wish."

**Date:** Wednesday April 19th, 2017 **Time:** 1:00pm-3:00pm

**Cost:** FREE

**Location:** Clinton Parks and Recreation Department

## Clinton Youth Softball

The Clinton Youth softball league is scheduled to start at the end of April. We will once again be part of the Wachusett Softball Association, which will allow us to play more teams from surrounding communities. We hope you will support the league by coming to watch a game or two!

Here are some important dates for this upcoming season that we would like to share with you:

**April 9th-** Spaghetti Supper Fundraiser at St. John's Gym from 5:00pm-7:00pm

**April 22nd-** Clinton Opening Day

**May 10th-** League Picture Day

**May 20th-** Please help support fundraising efforts at our Car Wash from 9:00am-12:00pm.

**June 2nd, 3rd and 4th-** Minor League tournament in Sterling

This season we are excited to introduce a tournament team that will compete in various tournaments over the summer months. This is a great opportunity for additional play experiences!

A BIG congrats to the Navy Ninjas who won the league tournament last year! Hopefully Clinton will bring home another trophy this year!







## March 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 Summer Playground Registration Opens	7 Total Body Workout*	8	9	10	11
12	13	14 Total Body Workout	15	16 What's Happening in Clinton	17 St. Patrick's Day 	18 Micro Athletics*
19	20 Sprouting Melodies*	21 Total Body Workout	22	23	24	25 Micro Athletics
26	27 Sprouting Melodies	28 Total Body Workout	29 -STEM* -College Funding Advisors Seminar*	30	31	

## April 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1 Micro Athletics
2	3 -Sprouting Melodies -Let's Get	4 -Writing Wizards* -Total Body	5 -STEM	6	7	8 -Micro Athletics
9 CYS Spaghetti Dinner	10 -Sprouting Melodies -Let's Get Cooking	11 -Writing Wizards -Total Body Workout	12 -STEM	13 Free Chair Yoga*	14	15 -Micro Athletics -Glowing EGGstravanganza*
16 Easter 	17 ←	18 Improvisation Workshop*	19 Dread Pirate Craft* Future House* April Vacation	20	21 →	22 -Micro Athletics --CYS Opening Day
23	24 -Sprouting Melodies -Let's Get Cooking	25 -Baby & Me Yoga* -Writing Wizards -Total Body Workout	26 -STEM	27 Presidenti al Fitness*	28	29
30						

\* Indicates the start a program requiring pre-registration or a purchased



# Spring Programs/Events (May/June)

**NEW!**

## Community Safety Rodeo

Join us for an all new event this spring! This one of a kind event will feature safety topics on bike, fire, car seat safety and more! Bring your bikes/skateboards/wheeled sport equipment and test your luck through our obstacle course and learn about the importance of safety while riding. That's not all! Enjoy entertainment throughout the day from music to special performances. Local bike shops will also be present offering small services and items for purchase, along with food trucks and bounce houses. The day is looking to be filled with prizes, learning and most of all FUN!

**Date:** Saturday May 6<sup>th</sup>, 2017 (Rain date 5/7)

**Time:** 11:00am-2:00pm

**Cost:** FREE Admission

**Location:** Clinton Middle School



**NEW!**

## Toddler Programs

### Mommy and Me Acting Up

Children are natural actors and pretenders. Through creative drama classes, they are able to explore thoughts and ideas while utilizing pantomime, story-telling and creative expression. We will read and act out stories, create new worlds to explore, play theatre games and become more confident in our expressive language skills all while having fun and exploring the world of theatre! While each class follows a basic outline: Warm-up, drama activity, wrap-up or cool down.

**Dates:** Tuesdays May 2nd -June 6th

**Time:** 9:00am-10:00am

**Cost:** \$15.00 per person for the 6 week session

**Ages:** 2-4 years old

**Location:** Clinton Parks and Recreation Building



### Micro Soccer

This proven clinic will help children learn the beginning skills, technique and etiquette of soccer. Starting with soft Rhino Skin balls, slowly moving up to size 3 soccer balls, children actively engage in learning everything from passing and kicking, to heading and dribbling skills. Each class will consist of a short discussion of the game, stretching, skill lesson, followed by soccer activities and a soccer game. Parents are highly encouraged to participate with their child in this program. Proper clothing and sneakers are required.

**Dates:** Saturdays June 17th- July 29th (no class July 1st)

**Time:** 9:00am-10:00am

**Cost:** \$86.00 per person for the 6 week session

**Ages:** 2-3 years old

**Location:** Central Park, Clinton



## Free Yoga in the Park Series

### FREE Yoga

Join us for our FREE YOGA series in Central Park the last Sunday of the month beginning in May. All levels welcome. Please bring your own mat and meet near the Central Park Fountain.

\*Pre-registration necessary

**Dates:** Sundays, May 28th, June 25th, July 30th, August 27th, & September 24th -\*Family YOGA on 9/24 only\*

**Cost:** FREE

**Time:** 10:30am-11:30am

**Ages:** 12 years +

**Location:** Central Park



## Outdoor Movie in Central Park



Grab your blanket and chairs and head to Central Park this spring for our family friendly movie in the park! Enjoy an evening outdoors with your family and friends for free. Don't forget to stop by the concession stand to purchase your movie time snacks!

**Date:** Saturday May 13<sup>th</sup>, 2017 (Rain date 5/20)

**Time:** 7:00pm-10:00pm \*Movie begins @ 8:30pm\*

**Cost:** FREE Admission **Location:** Central Park

\*Movie title will be released soon\*

## Memorial Day Parade

On Monday, May 29th come see the parade in honor of those that gave their lives while on duty. The parade starts at Central Park, goes down High Street to Water Street, to Main Street, then ends at St. John's Cemetery.

For more details about start times and ceremonies please visit our website: [www.clintonrec.com](http://www.clintonrec.com)



## Town-Wide Yard Sale/Sidewalk Sales

Join Clinton Parks & Recreation Department for the annual Town Wide Yard-Sale! Get rid of those old dusty items that you no longer use!

Remember one mans trash is another's treasure! Yard sellers will have the opportunity to do some spring cleaning and offering yard sale seeking enthusiasts the opportunity to find some great treasures. Sell from either your home or sell in Central park!

**Date:** June 10<sup>th</sup>, 2017, (Rain date: June 17<sup>th</sup>, 2017)

**Time:** 8:30am-1:00pm (set-up for sellers to begin at 7:00am)

**Cost:** \$10.00 for home sales, \$15.00 for central park sale





# Summer Programs (June)

## Summer Playground

The Clinton Parks and Recreation Department's Summer Playground program is back! This year we plan to make the program even more exciting with new field trip locations, even more special events, arts & crafts and athletic contests. Our goal is to create lasting memories for our participants and this will be a summer your child won't want to miss! The program runs Monday-Friday at the Clinton Head Start building and gives kids a chance to be active, build friendships and most importantly HAVE FUN!

**Day:** Monday thru Friday

**Dates:** June 26th-August 11th

**Time:** 8:30am-3:00pm (7:30-8:30am early care, 3:00-4:00pm late care)

**Location:** Clinton Head Start Building

**Grades:** 1st-5th (fall 2017)

**Cost:**

- Base pricing can be found by visiting our website [www.clintonrec.com](http://www.clintonrec.com). Pricing will be discounted for those registering for all 7 weeks.
- Back again, for an additional cost, participants can opt into going on select additional field trips.



**\*\* early care is an additional \$20.00 per wk; late care is an additional \$20.00 per week**

**Late fee of \$20.00 will be added to registrations submitted after May 10th, 2017**

**Registration opens March 6th!  
First 200 people registered will get a FREE water bottle!**



## CIT Program (Counselor in Training)

Our CIT program allows participants to continue their summer program experience while learning some new skills and preparing to be a Summer Playground/Teen Adventure counselor. The program will teach skills in leadership, communication, and responsibility in a fun-filled environment. Counselors in training will have to opportunity to participate in all activities and field trips while learning the basic skills necessary to become a camp counselor.

**Day:** Monday thru Friday

**Dates:** June 26th-August 11th

**Time:** 8:30am-3:00pm

**Location:** Clinton Head Start Building

**Grades:** 10th grade and up (Fall 2017)

**Cost:** \$25.00 per week of participation.

Additional one-time fee of \$25.00 for CPR/First Aid Certification if not already certified.

Cost covers camp shirt and field trip admission

**\*\*It is recommended that all CITs give at least a 3 week commitment to the program.**

**Space is limited for this opportunity!**

The registration/application form is due by April 28th, 2017 and can be found on our website. All those interested in being a CIT will be interviewed. Payment for this program is due after the selection process.

## Teen Adventure

Our Teen Adventure Program has become a summer necessity. Each year we increased our field trips, introduce some great new special events, and build new friendships. This program is geared completely towards an older age group. This program will once again feature **two field trips** per week, a variety of age appropriate activities, new games and most importantly the chance to make long lasting friendships!

**Registration opens March 6th, 2017**

**Space is limited to 25 participants per week, so if you are interested please sign-up early!**

**Day:** Monday thru Friday

**Dates:** June 26th-August 11th

**Time:** 8:30am-3:00pm (7:30-8:30am early care, 3:00pm-4:00pm late care)

**Location:** Clinton Head Start Building

**Grades:** 6th-9th (fall 2017)

**Cost:**

- Base pricing can be found by visiting our website [www.clintonrec.com](http://www.clintonrec.com). Pricing will be discounted for those registering for all 7 weeks.
- \*\* early care is an additional \$20.00 per week; late care is an additional \$20.00 per week**
- Late fee of \$20.00 will be added to registrations submitted after May 10th, 2017**



## Are you age 17 yrs. or older and looking for a fun & rewarding summer job here in Clinton?!

Clinton Parks & Recreation offers a seven week summer program during the months of June/July/August. As a summer playground counselor you will be responsible for leading games/activities, monitoring free play and interacting with the campers in a constructive manner. Counselors are responsible for the care of the campers under the supervision of the Program Director & Supervisor.

If this job sounds like something you are interested in, please complete an application form (found online or in our office) by April 3<sup>rd</sup>, 2017.

All applications can be mailed/brought to:

**Clinton Parks & Recreation Office: 560 High Street, Clinton, MA 01510**







## May 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<b>1</b> -Sprouting Melodies -Let's Get Cooking	<b>2</b> -Baby & Me Yoga -Acting Up* -Writing Wizards -Total Body Workout	<b>3</b> -STEM	<b>4</b> Presidential Fitness	<b>5</b>	<b>6</b> Community Safety Rodeo
<b>7</b>	<b>8</b>	<b>9</b> -Baby & Me Yoga -Acting Up -Writing Wizards -Total Body Workout	<b>10</b> -STEM -CYS League Picture Day	<b>11</b> Presidential Fitness	<b>12</b>	<b>13</b> Outdoor Movie
<b>14</b> Mother's Day 	<b>15</b> Let's Get Cooking	<b>16</b> -Baby & Me Yoga -Acting Up -Writing Wizards -Total Body Workout	<b>17</b>	<b>18</b> Presidential Fitness	<b>19</b>	<b>20</b> CYS Car Wash
<b>21</b>	<b>22</b> Let's Get Cooking	<b>23</b> -Acting Up -Writing Wizards -Total Body Workout	<b>24</b>	<b>25</b> Presidential Fitness	<b>26</b>	<b>27</b>
<b>28</b> Free Yoga in the Park*	<b>29</b> Memorial Day 	<b>30</b> -Acting Up -Writing Wizards -Total Body Workout	<b>31</b>			

## June 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				<b>1</b> Presidential Fitness	<b>2</b>  CYS Minor League Tournament	<b>3</b>
<b>4</b>  CYS Minor League Tournament	<b>5</b>	<b>6</b> -Acting Up -Writing Wizards -Total Body Workout	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b> Town-Wide Yard Sale
<b>11</b>	<b>12</b>	<b>13</b> Last Day of School 	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b> Micro Soccer*
<b>18</b> Father's Day 	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b> Micro Soccer
<b>25</b> Free Yoga in the Park*	<b>26</b>	<b>27</b> Summer Concert	<b>28</b>	<b>29</b>	<b>30</b>	
<div> <div></div> <div>Summer Playground &amp; Teen Adventure Week 1</div> <div></div> </div>						

\* Indicates the start a program requiring pre-registration or a purchased

# Summer Programs (July/August)

## Red Sox Trip

The Clinton Parks and Recreation Department is excited to present another trip to see the beloved Boston Red Sox as they take on The Chicago White Sox, Sunday August 6th, 2017 at Fenway Park. First Pitch is set for 1:35 pm. This trip includes 1 ticket to the game and transportation for each participant.

**Date:** Sunday August 6<sup>th</sup>, 2017

**First Pitch:** 1:35pm

**Cost:** \$70.00 per person w/ bus; \$45.00 per person w/o bus

**Location:** Fenway Park

**Departure Time:** 11:15am from Clinton Shaw's Parking Lot

**Approx. Return Time:** 6:30pm to Clinton Shaw's Parking Lot



## Adult Fitness Programs

### Total Body Workout

Boost your metabolism and burn more calories with this 60 minute class! Learn how to strength train safely for toning, revved up metabolism and prevention of osteoporosis! The true solution to reducing belly fat begins with this 60 minute class! The weight training segment includes the most effective moves to train your body to burn calories and release stored fat. As you increase your metabolism, your body will burn more calories 24 hours a day!

**Dates:** Tuesdays, July 11th-August 22nd

**Time:** 6:30pm-7:30pm

**Cost:** \$84 per person for the 7 class session

**Ages:** 18+ years old

**Location:** Clinton Parks and Recreation Department



## Mad Science Workshops

### Brixology

New Mad Science program with LEGO™ Bricks. Brixology Camp sets the foundation for our next generation of makers! Kids learn about different types of engineering and then team up to construct a different engineering-themed project using LEGO™ bricks. They learn about aerospace engineering while assembling a space station. They explore mechanical engineering as they build boats and vehicles. That's not all, from carnival rides to drawing machines, mechanical animals to truss bridges, your future engineer will build upon their creativity to solve real-world design challenges, while developing their problem-solving and teambuilding skills. Let the tinkering begin!

**Dates:** Monday-Friday August 21st-25th, 2017

**Cost:** \$140 per person

**Time:** 9:00am-12:00pm

**Ages:** 6-11 years old or entering grades 1st-5th

**Location:** Clinton Parks and Recreation Department

**NEW!**

### Rockin' Rockets

Children will step into the shoes of a rocket scientist and learn the fundamentals of flight, propulsion and rocket design. We'll have fun exploring astronomy and trying out various flight designs from hot air balloons to hovercrafts (and many more!). "Launch Day" will bring some real excitement to your budding astronaut! Kids will build rockets as well as discover the fundamental concepts involved in launching and recovering many different types of rockets. Students will make and take home their own complete Mad Science rocket.

**Dates:** Monday-Friday August 21st-25th, 2017

**Cost:** \$140 per person

**Time:** 1:00pm-4:00pm

**Ages:** 6-11 years old or entering grades 1th-5th

**Location:** Clinton Parks and Recreation Department

Sign up for both and  
save \$20.00!

**NEW!**

## Wicked Cool for Kids

### Maker Shaker Workshop

Get shakin' with the maker movement. This DIY based workshop lets you complete challenging building kits and repurpose items using the engineering and design process to dream up something new, useful, fabulous, or just plain fun. Create a motorized squiggly pen and a toothbrush robot. Be an expert maker and design something amazing that you create using Wicked Cool supplies.

**Dates:** Monday-Friday August 14th-18th, 2017

**Cost:** \$220.00 per person

**Time:** 9:00am-12:00pm

**Entering Grades:** K-5th

**Location:** Clinton Parks and Recreation Department



**NEW!**

## Sciencsational Workshops

### Crime Scene Investigation

You will be the super science sleuths. Have fun learning about forensics, crime scene investigations, and crime lab chemistry as you perform as many as 15 different experiments designed to show you just how those tricky cases are solved. Search for the evidence, gather clues, and discover how science can help solve a mystery. Participants will: dust for fingerprints, analyze handwriting, test for blood type using simulated blood, examine hair and clothing fibers, practice chemistry to identify mystery substances and much more. Participants will then use their skills to solve crimes of the century.

**Dates:** Monday-Friday August 14th-18th, 2017

**Cost:** \$155.00 per person **Time:** 1:00pm-4:00pm

**Ages:** 8-12

**Location:** Clinton Parks and Recreation Department





# Summer Events (July/August)

## Summer Concert Series

### Tuesday Nights @ 7:00pm

Back by popular demand is our FREE summer concert series in Central Park scheduled to take place on Tuesday nights starting at 7pm throughout the summer months. Our concert series runs for seven weeks starting June 27th and ending August 15<sup>th</sup> (no concert on July 4<sup>th</sup>). Each year we feature a variety of talented, local musicians designed to meet the musical tastes of a broad audience.

All you need to do is bring a lawn chair, or blanket and you will be able to enjoy some great music, company and experience the beauty of Central Park in the summer. All concerts are free to attend.



Last summer we had a great turn-out and hope this year's schedule will draw even more people to the park! For a complete listing of the bands please go to our website [www.clintonrec.com](http://www.clintonrec.com)

### How to Sign Up for a Program:

- Call or e-mail the Parks & Recreation office for more information and program availability
- Complete registration form, drop it off or mail it in with the payment. Make checks payable to "Town of Clinton"
- Or register online with a credit card via [www.clintonrec.com](http://www.clintonrec.com).

### Time is running out!

Most program registration deadlines are 1 week prior to the start of a program. Our programs have minimum enrollment requirements that must be met in order to hold the class. We also have a maximum enrollment for each program and classes can fill up quickly.

Do not wait to long to register for a program or it may be too late!



## Clinton Parks and Recreation Trivia!

*Can you answer these questions about our department? All answers can be found in this brochure!*

1. What is the name of the department's new park manager?
2. What is the name of our newest event coming the first week in May?
3. How many weeks does Summer Playground run for?
4. When is opening day for Clinton Youth Softball?
5. What is the phone number for the Clinton Parks and Recreation Department?
6. What program is being offered on the last Sunday of the month beginning in May for 5 months?
7. How many programs are being offered this August?

## DCR State Swimming Pool

The Massachusetts Department of Conservation and Recreation (DCR) oversees the Philip Weihn Memorial Swimming Pool in Clinton. The pool is located next to Clinton Middle School at 100 West Boylston Street, Clinton, MA 01510.

For swim lesson information, as well as, opening dates and times please visit: [www.mass.gov/eea/state-parks-beaches/outdoor-recreation/pools-and-beaches/](http://www.mass.gov/eea/state-parks-beaches/outdoor-recreation/pools-and-beaches/)

For more updates on DCR pools follow them on Twitter at [@MassDCR](https://twitter.com/MassDCR) or contact the DCR at 617.626.4973.

***If you have questions please contact the pool directly at (978) 365-4684***

## MASS State Parking Pass

2017 will mark the 10<sup>th</sup> year of the Use Nature As Your Guide program at the Department of Conservation and Recreation (DCR). This program offers a Mass Parks Pass to the Clinton Parks & Recreation Department each year that residents may borrow to visit state parks. The Parks Pass entitles the bearer to free parking for one vehicle (excluding buses or vans) at over 50 facilities in the Massachusetts state parks system that charge a day-use parking fee.

Passes are also available for individual purchase through the DCR.













## July 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			<b>Week 1</b> Summer Playground & Teen Adventure CIT Program			1
2	3	4 Office Closed: 4th of July 	5 <b>Week 2 (No program July 3rd/4th)</b> Summer Playground & Teen Adventure CIT Program	6	7	8 Micro Soccer
9	10	11 -Summer Concert -TBW* <b>Week 3</b> Summer Playground & Teen Adventure CIT Program	12	13	14	15 Micro Soccer
16	17	18 -Summer Concert -TBW <b>Week 4</b> Summer Playground & Teen Adventure CIT Program	19	20	21	22 Micro Soccer
23	24	25 -Summer Concert -TBW <b>Week 5</b> Summer Playground & Teen Adventure CIT Program	26	27	28	29 Micro Soccer
30 -Free Yoga in the Park*	31					

Save the Date!

## August 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 -Summer Concert -TBW <b>Week 6</b> Summer Playground & Teen Adventure CIT Program	2	3	4	5
6 Red Sox Trip*	7	8 -Summer Concert -TBW <b>Week 7</b> Summer Playground & Teen Adventure CIT Program	9	10	11	12
13	14	15 -Summer Concert -TBW Maker Shaker Workshop* Crime Science Investigation*	16	17	18	19
20	21	22 TBW	23	24	25	26
27 Free Yoga in the Park*	28	29	30	31 		

- Olde Home Day: September 8th/9th, 2017
- Free Yoga in the Park Continues on September 24th, 2017
- Scarecrow Contest and Ghost and Goblin Race: October 21st, 2017
- Pumpkin Carving Workshop October 24th, 2017

\* Indicates the start a program requiring pre-registration or a purchased

Be on the lookout for our FALL 2017 Brochure!



The Clinton Parks & Recreation Department is dedicated to creating a better community in which to live and play through quality recreational programming, as well as, developing and maintaining our town's open space.



Find us online!  
[www.clintonrec.com](http://www.clintonrec.com)

## Thank-you!

We are very thankful to be in a community that supports our department in so many ways. We are part of a great community and as a department promise to keep delivering programs and events that meet the growing needs of this town. Some of our favorite programs are the ones that bring the community and families together, such as the summer concert series, the outdoor movies and hopefully our new Community Safety Rodeo.

We are very excited to break ground on the Savage Field Project this summer. The project is slated to start August 1st! This project would not be possible without the support from our community. Thank-you for believing in the good we are doing at this property and all our properties around town. As we continue to make improvements we ask for your continued support.

One definition of community is "a feeling of fellowship with others, as a result of sharing common attitudes, interests, and goals." This being said we are always open to hearing from our community. So feel free to stop in and share either program/event ideas or to let us know how we are doing!

For the Clinton Parks and Recreation Department,

Emily Easterling (Director)

**THANK  
YOU**

